



Multimedia Language Lab

Songs



Ball bouncing rhymes are usually used to emphasize rhythm while bouncing a ball. Most jump rope rhymes and nursery rhymes can be used for ball bouncing

NUMBER ONE, TOUCH YOUR TONGUE

Number *One*, touch your tongue.

Number *Two*, touch your shoe.

Number *Three*, touch your knee.

Number *Four*, touch the floor.

Number *Five*, learn to jive.

Number *Six*, pickup sticks.

Number *Seven*, go to heaven.

Number *Eight*, over the gate.

Number *Nine*, touch your spine.

Number *Ten*, do it again.